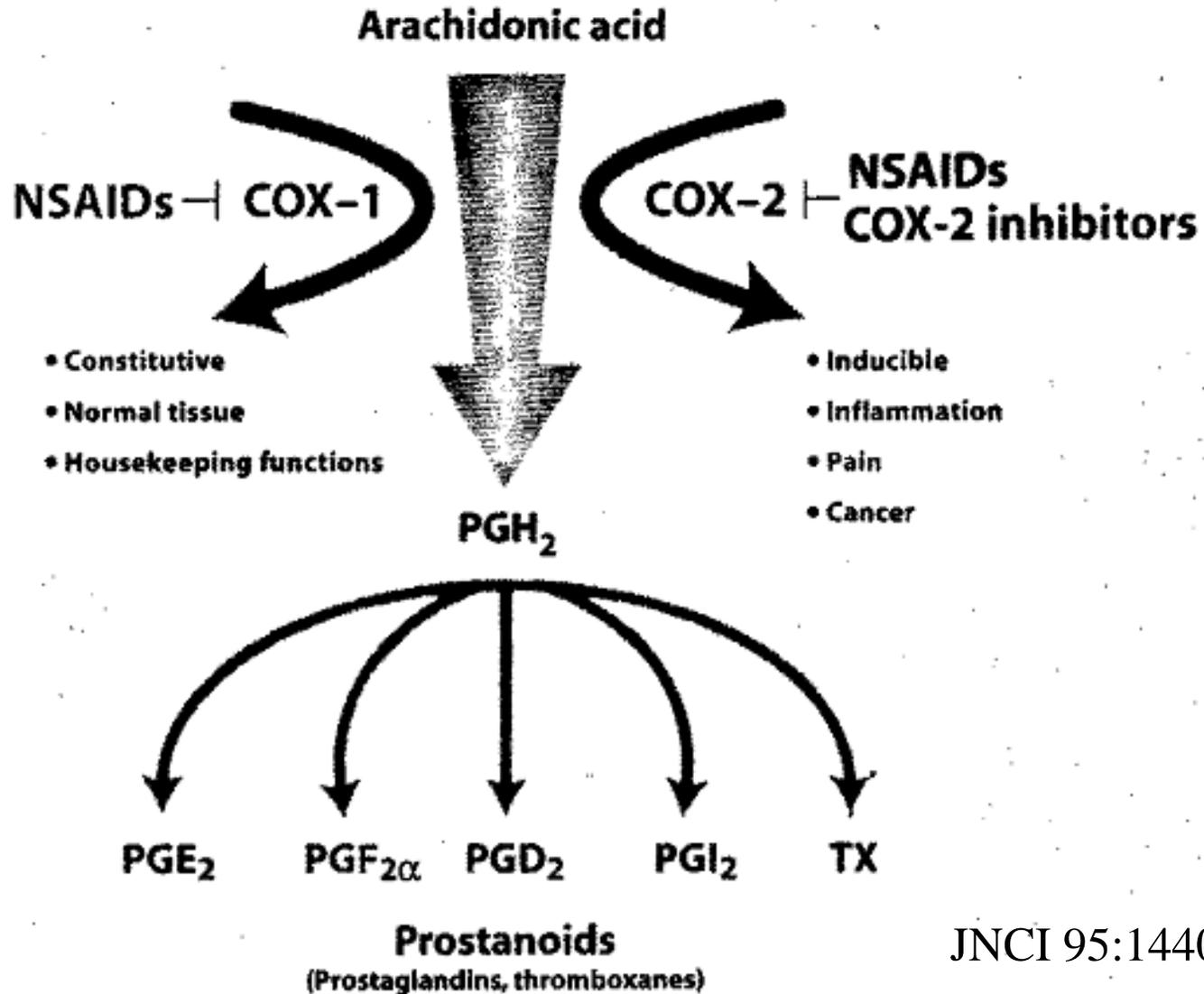


# **COX-2 inhibitor and irradiation**

Saitama Cancer Center

Kunihiko Kobayashi MD, PhD

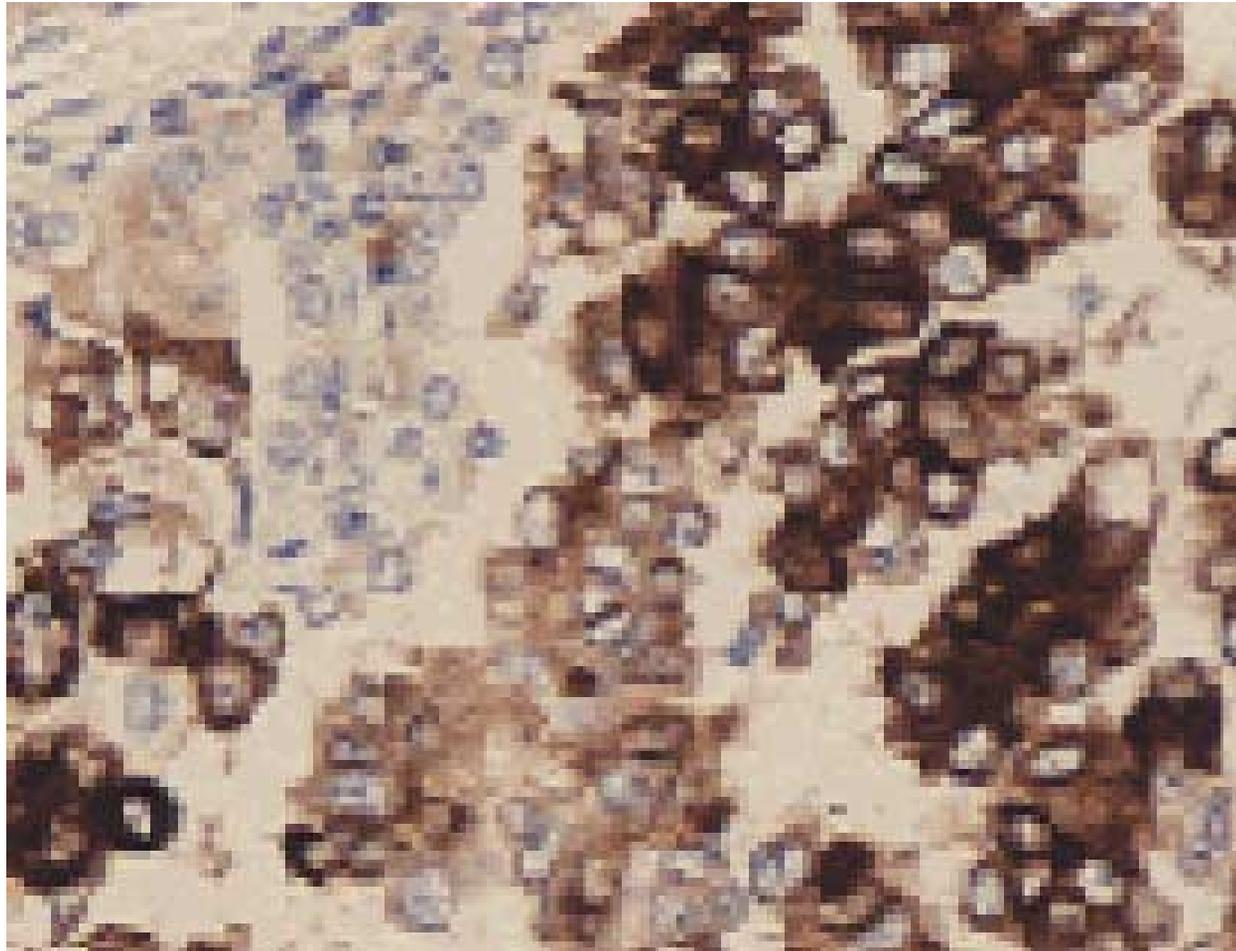
# Synthesis of prostaglandins from arachidonic acid by cyclooxygenase (COX) enzymes



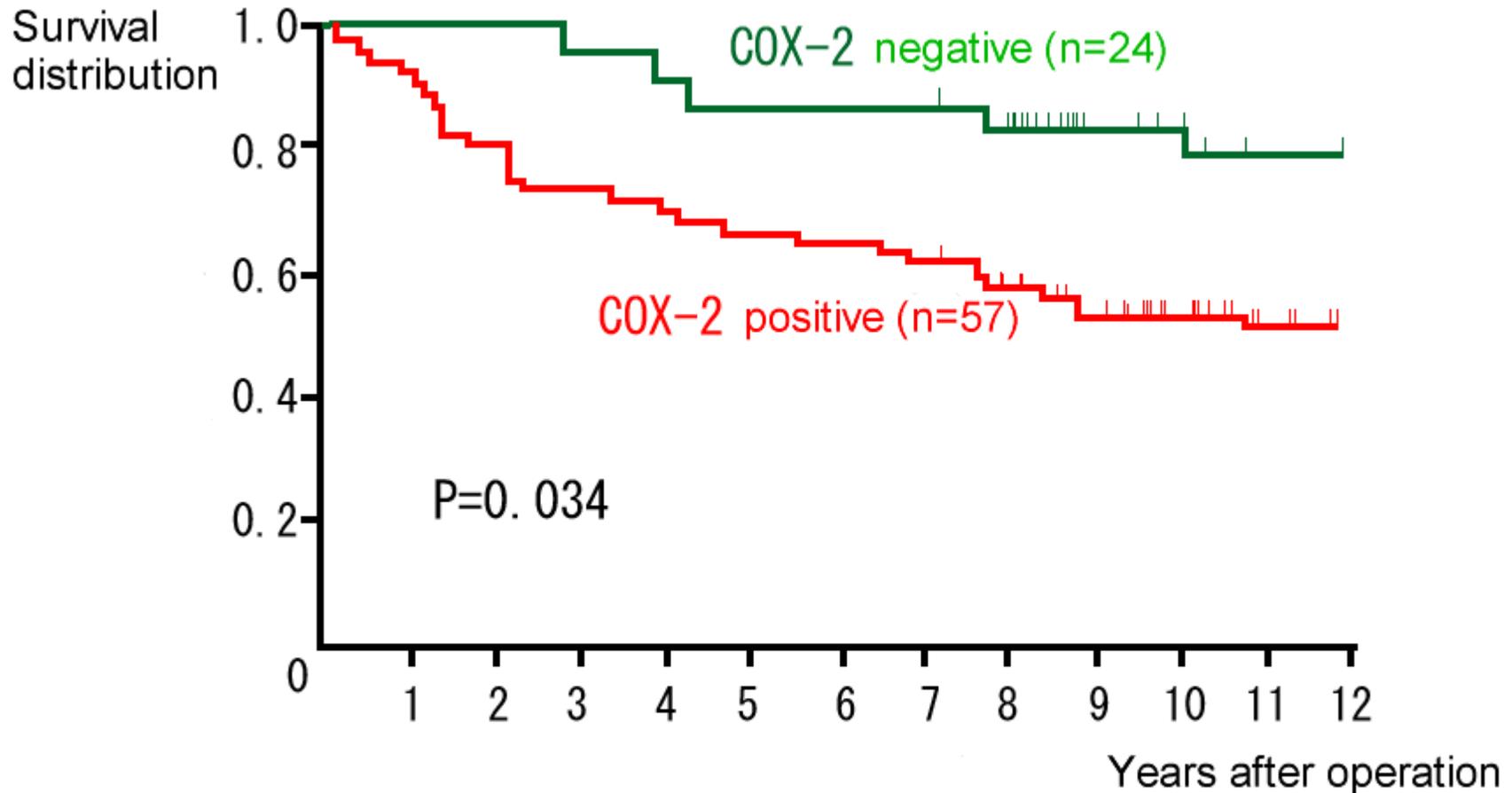
# Difference between COX-1 and COX-2

|                  | COX-1        | COX-2   |
|------------------|--------------|---|
| Structures       |              |   |
| (amino acids)    | 576          | 604   |
| Their similarity | 61%          |   |
| Gene location    |              |   |
| (chromosome)     | No. 9        | No. 1   |
| Appearance       | permanent    | transient                                     |
| Site             | normal cells | inflammatory cells<br><b>malignant tissue</b> |

# COX-2 in NSCLC tissue



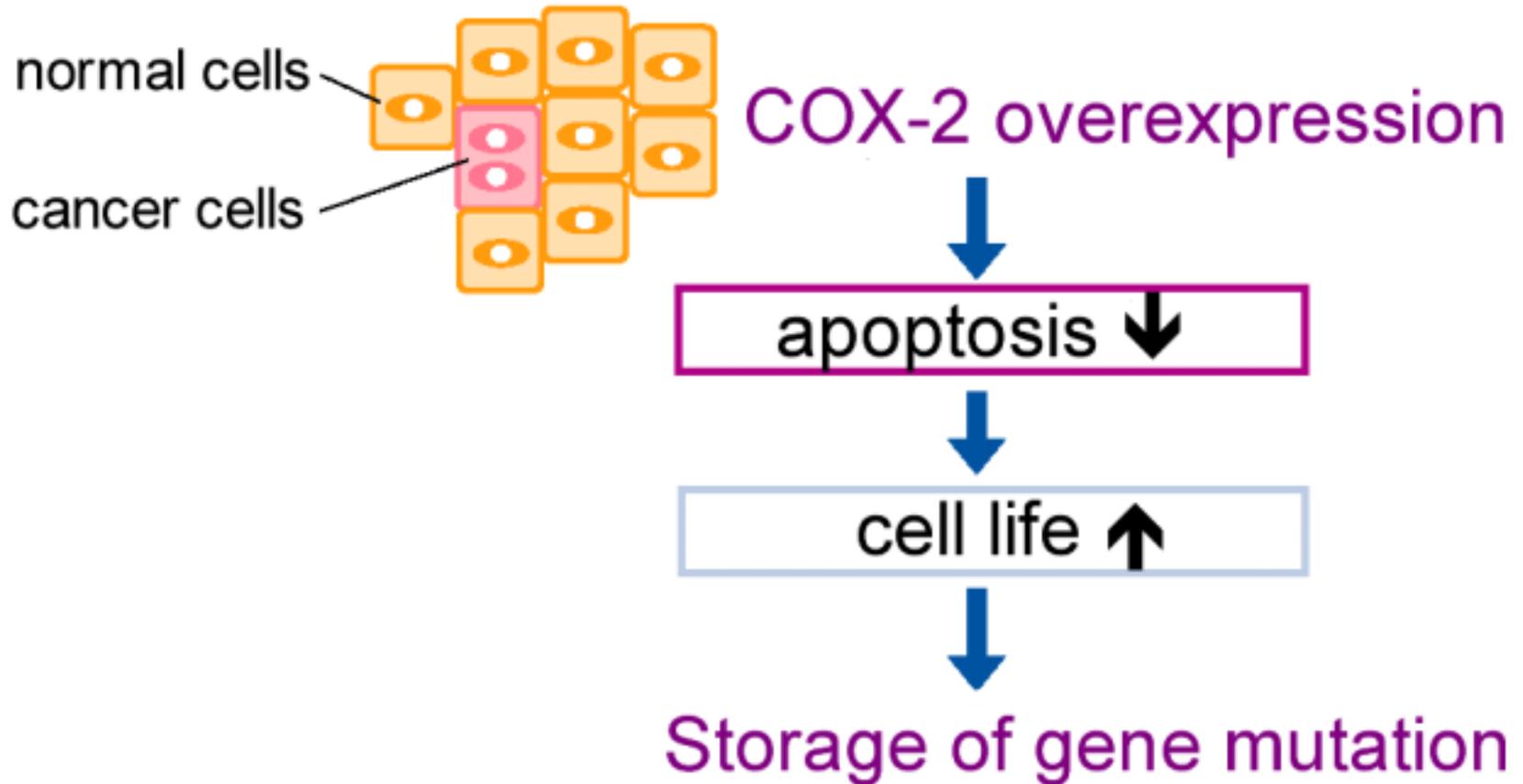
# Prognosis of early stage adenocarcinoma of the lung



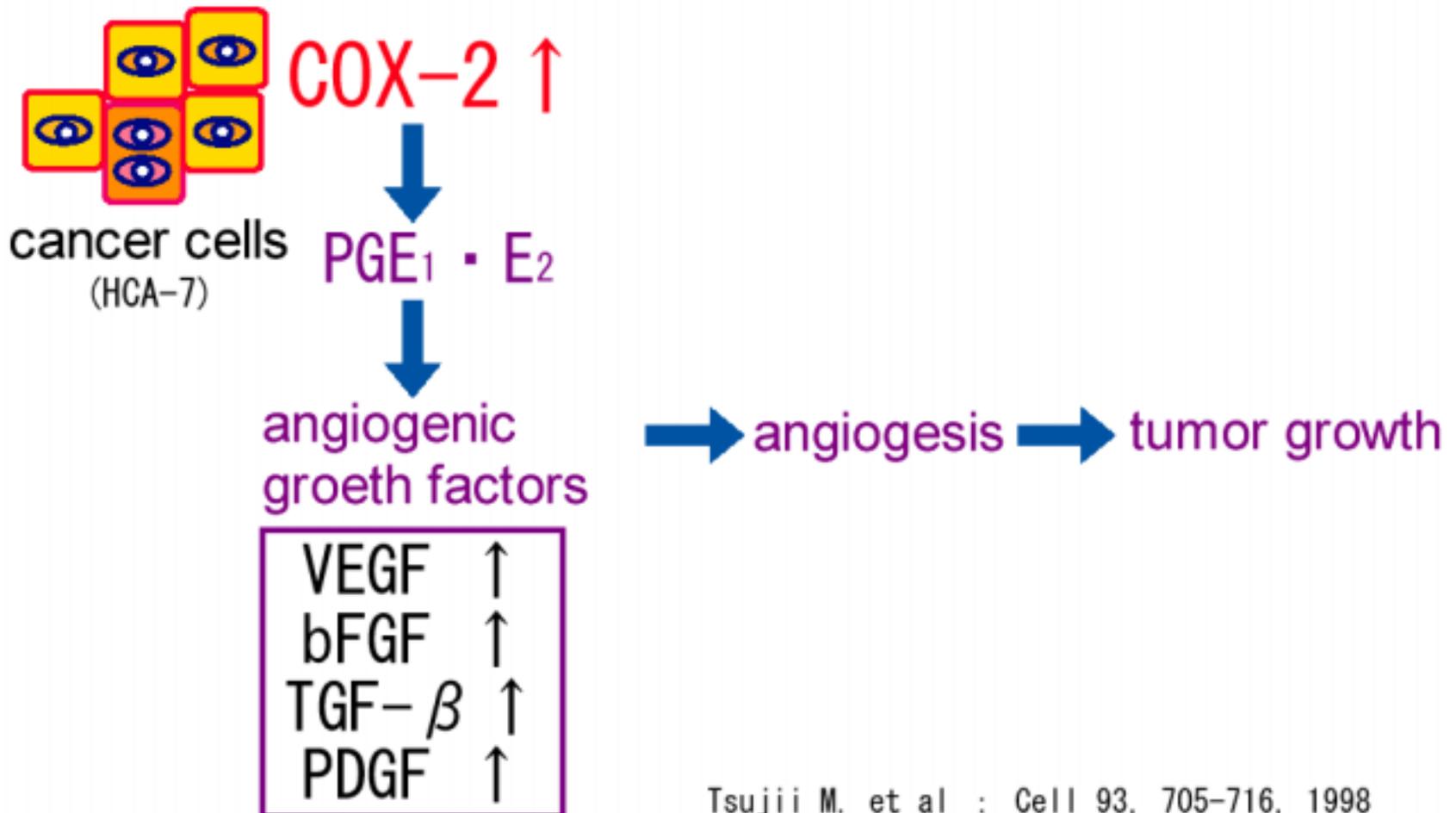
# COX-2 overexpression in various cancers

|                             | Colorectal | Gastric | Esophageal | Pancreatic  |
|-----------------------------|------------|---------|------------|-------------|
| % with Cox-2 overexpression | 60-100     | 6-75    | 78-100     | 31-90       |
|                             | Hepatic    | Breast  | NSCLC      | SCLC        |
| % with Cox-2 overexpression | 31-90      | 29-89   | 30-95      | none        |
|                             | Prostate   | Bladder | Cervical   | Head & neck |
| % with Cox-2 overexpression | 0-87       | 31-75   | 28-100     | 100         |

# COX-2 and tumorigenesis

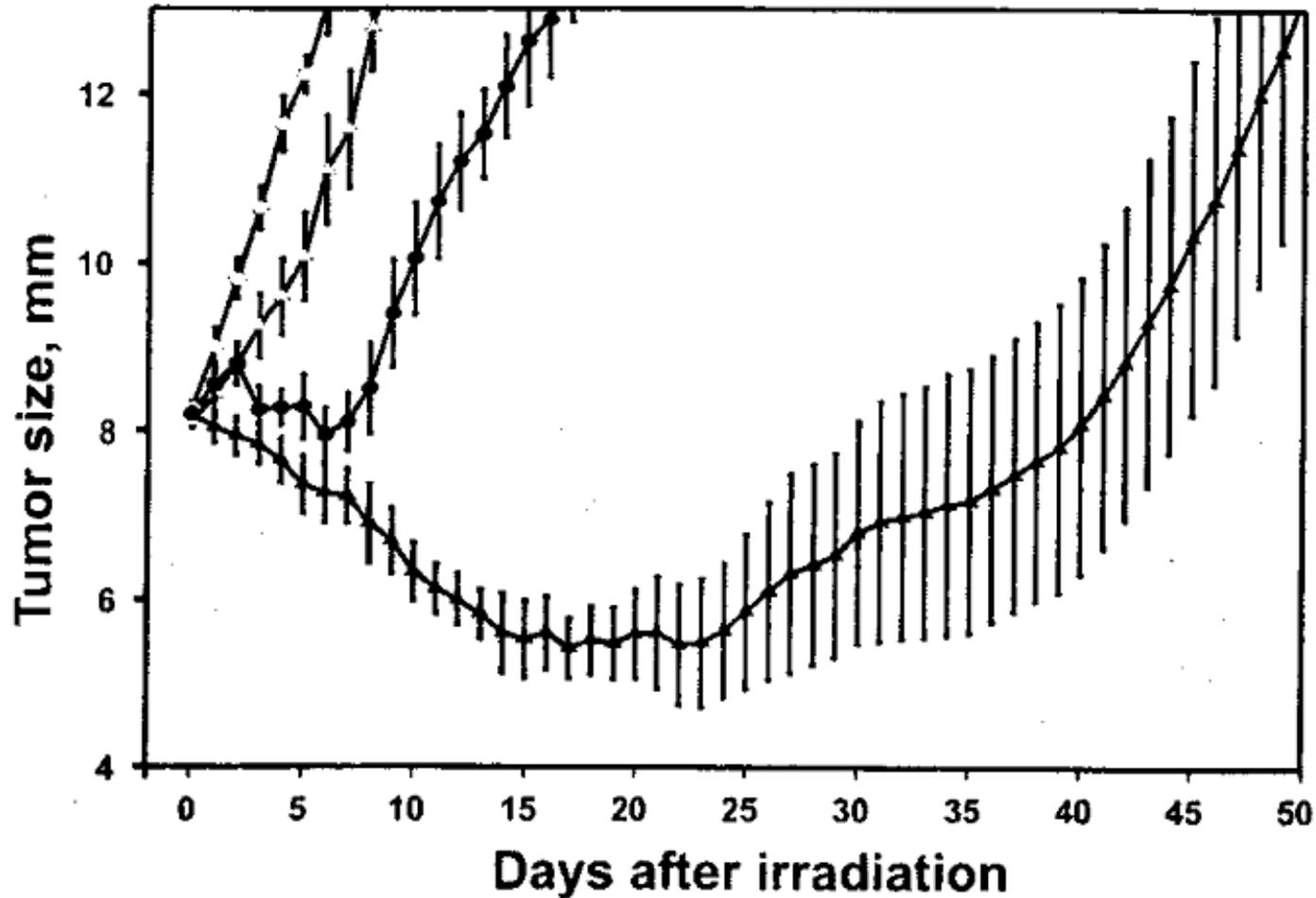


# COX-2 and tumor angiogenesis



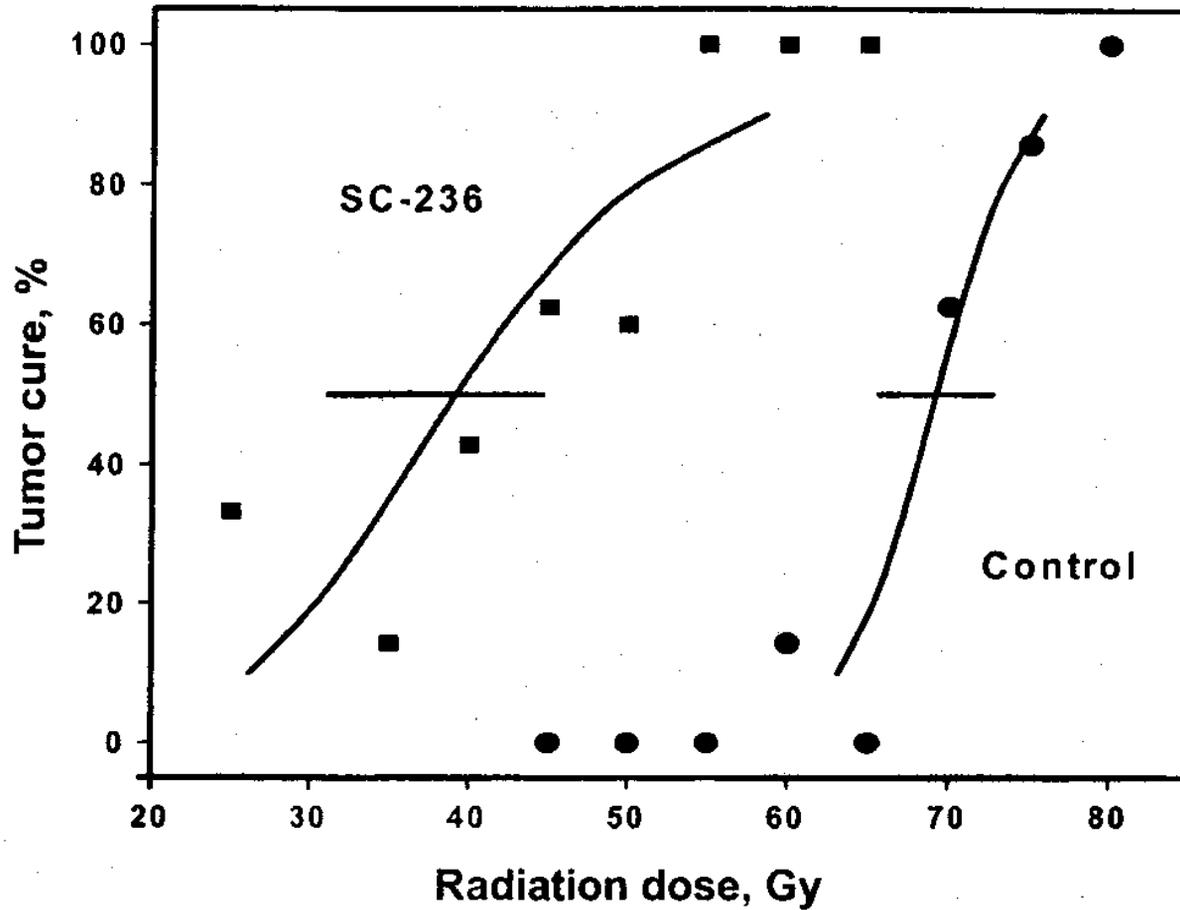
Tsujii M. et al : Cell 93, 705-716, 1998  
D'Haens : Gut 35, 1728-1733, 1994

# COX-2 expression and radiotherapy ①



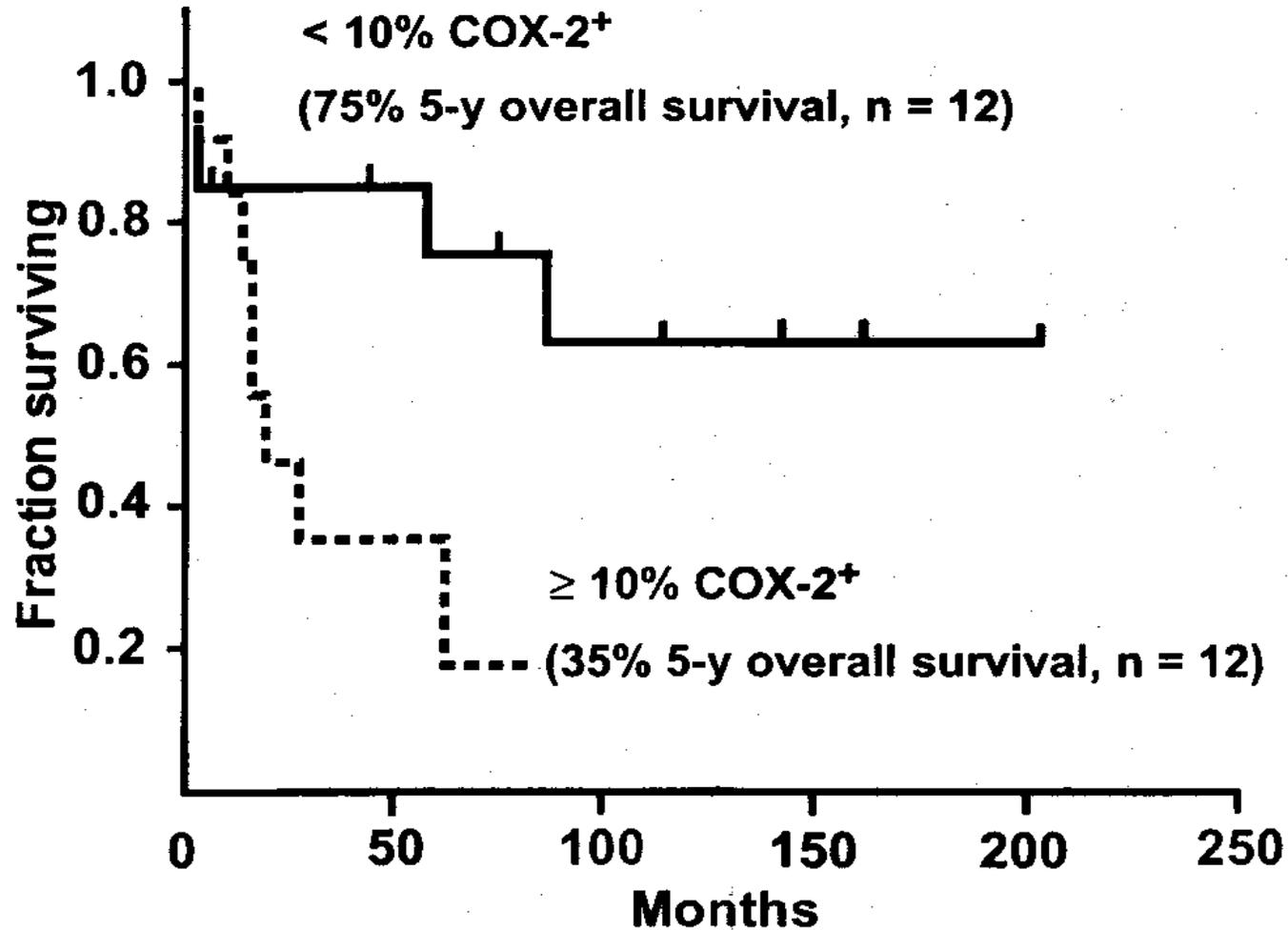
○:control, △:SC-'236, ●:irradiation, ▲: SC-'236+ irradiation

# COX-2 expression and radiotherapy ②



■: SC-'236+ irradiation, ●:irradiation

# COX-2 expression and radiotherapy ③



# COX-2 expression and radiotherapy ④

## - Mechanism of radiation potentiation by COX-2 inhibitors-

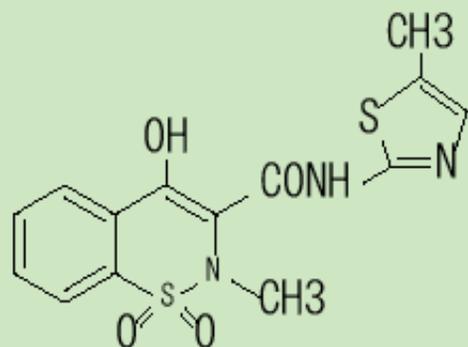
- Ionizing radiation increases expression of COX-2 and the synthesis of PGs in both normal and tumor cells.
- Induction of apoptosis
  - in the normal tissue, in turn, avoiding necrosis
  - in the tumor tissue
- Inhibition of angiogenesis
  - in the normal tissue, in turn, avoiding inflammation
  - in the tumor tissue

**A COX-2 inhibitor**  
- meloxicam (Mobic<sup>®</sup>) -

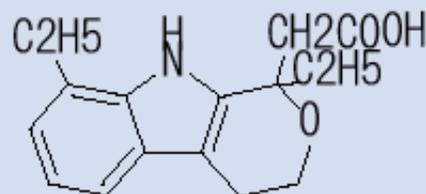
# Development of NSAIDs

- The 1st period (1897-1985): Standard NSAID
  - In 1897, aspirin was developed.
  - In 1971, mechanism of NSAID was clarified by Vane.
  - ✧ aspirin, indomethacin, diclofenac etc.
- The 2nd period (1986-1993): Prodrug
  - In 1991, COX-1 and COX-2 were found.
  - ✧ loxoprofen, etc.
- The 3rd period (1994- ): Selective COX-2 inhibitor
  - In 1994, the COX theory was proposed by Vane.
  - ✧ Meloxicam, etodolac, celecoxib etc.

# Selective COX-2 inhibitors



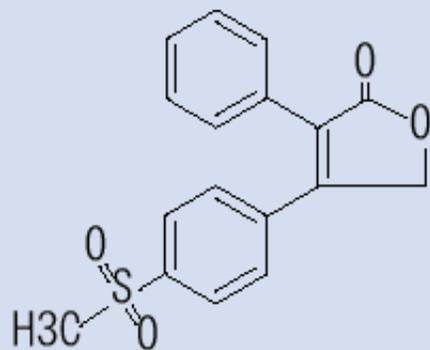
meloxicam



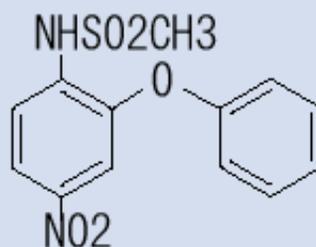
etodolac



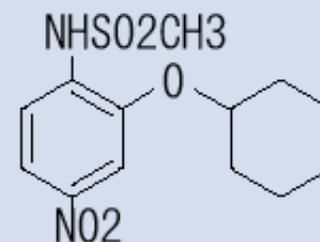
celecoxib



rofecoxib

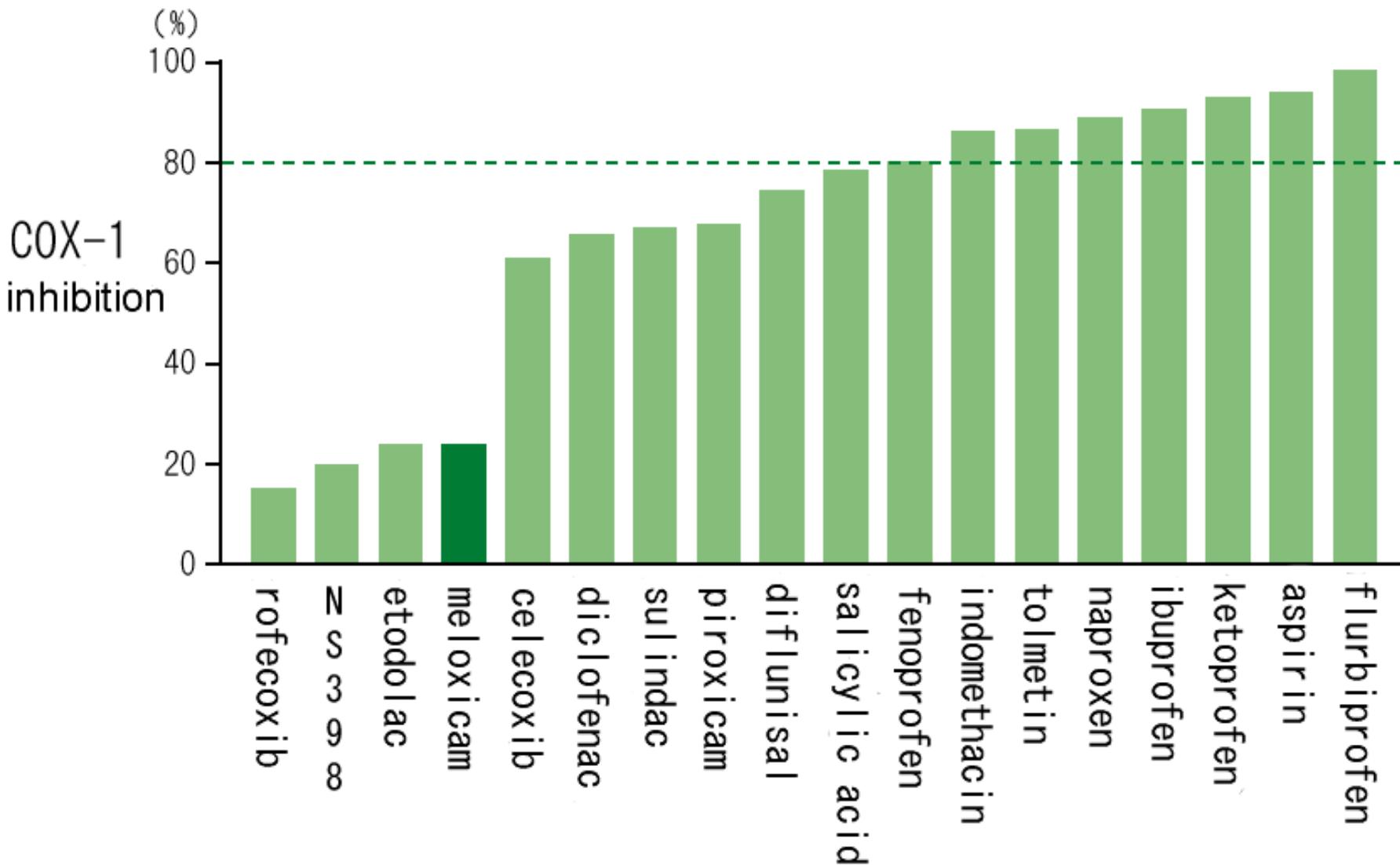


nimesulide

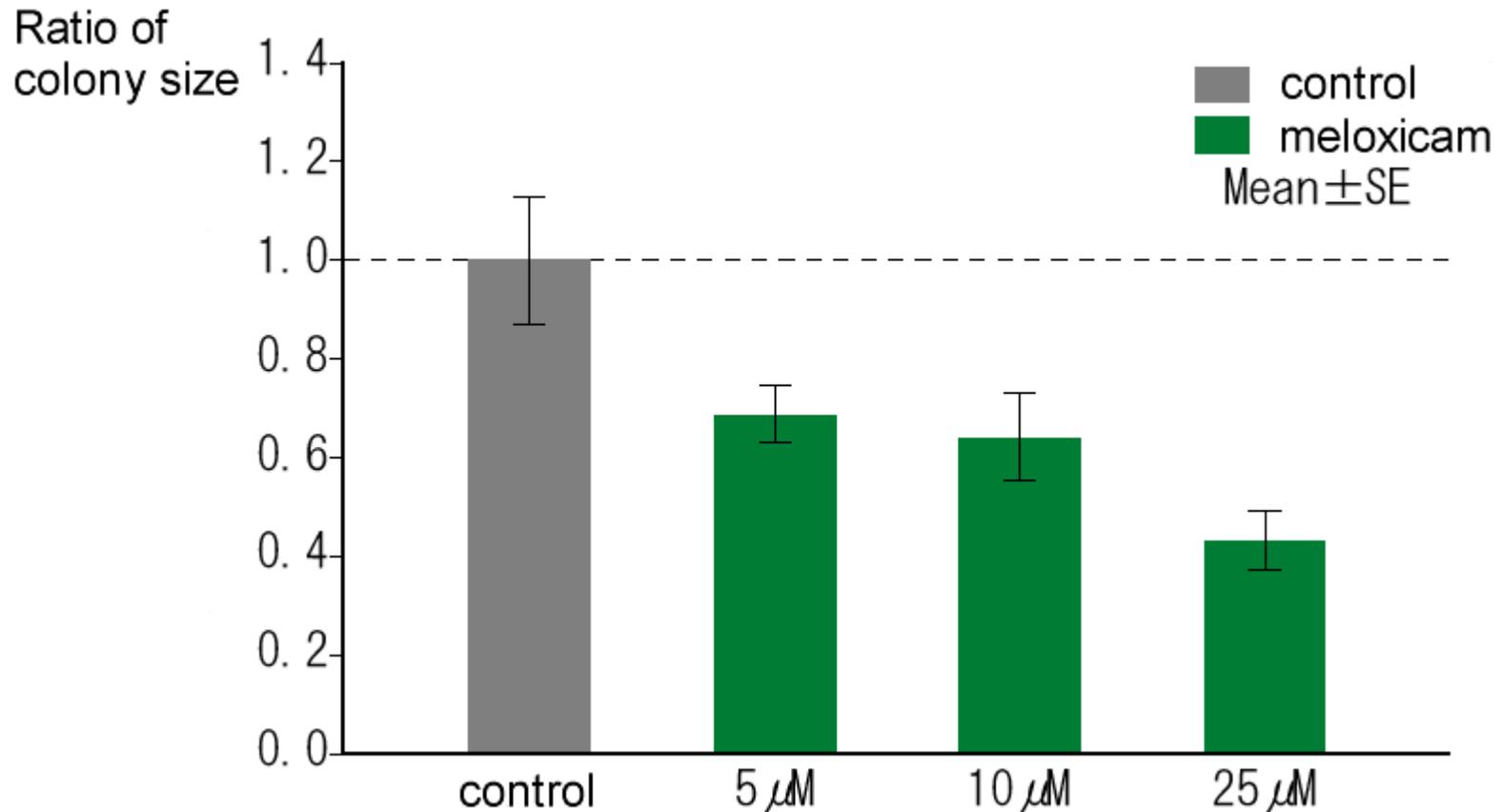


NS-398

# COX-1 inhibition when blocking COX-2

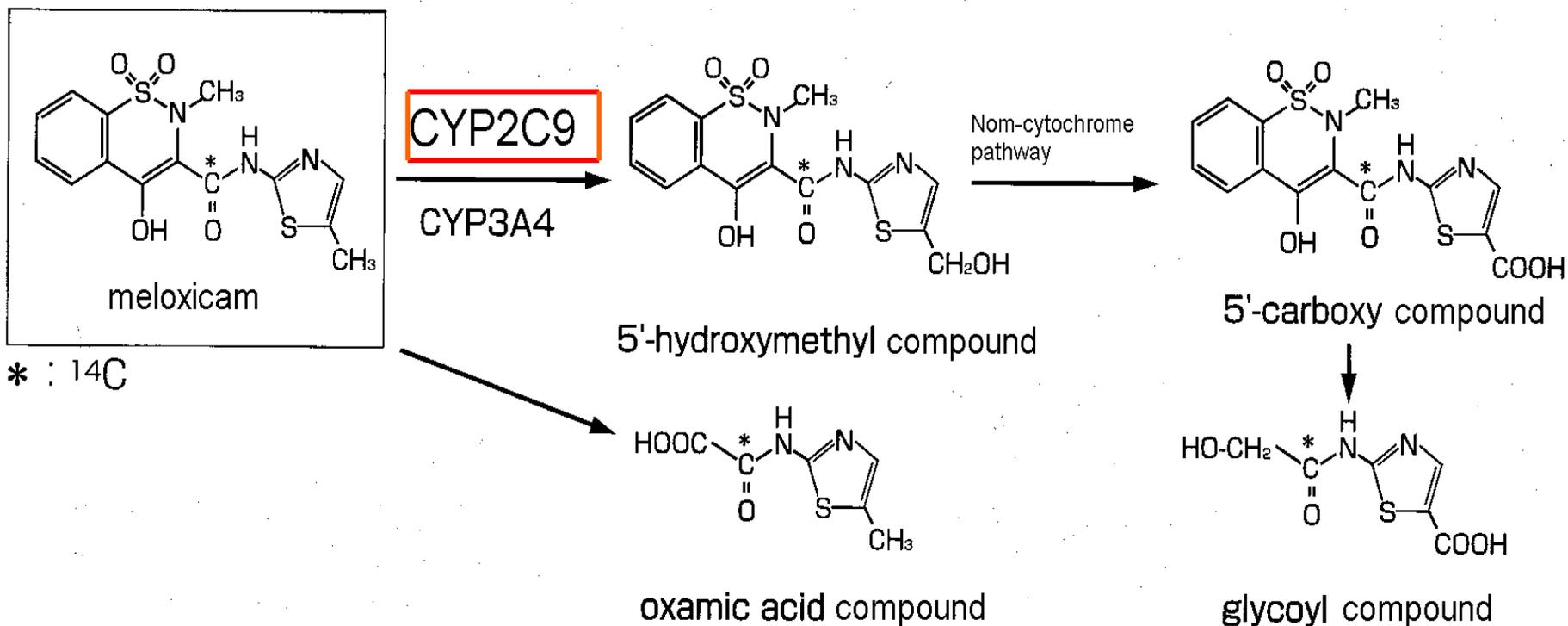


# Antitumor activity of meloxicam



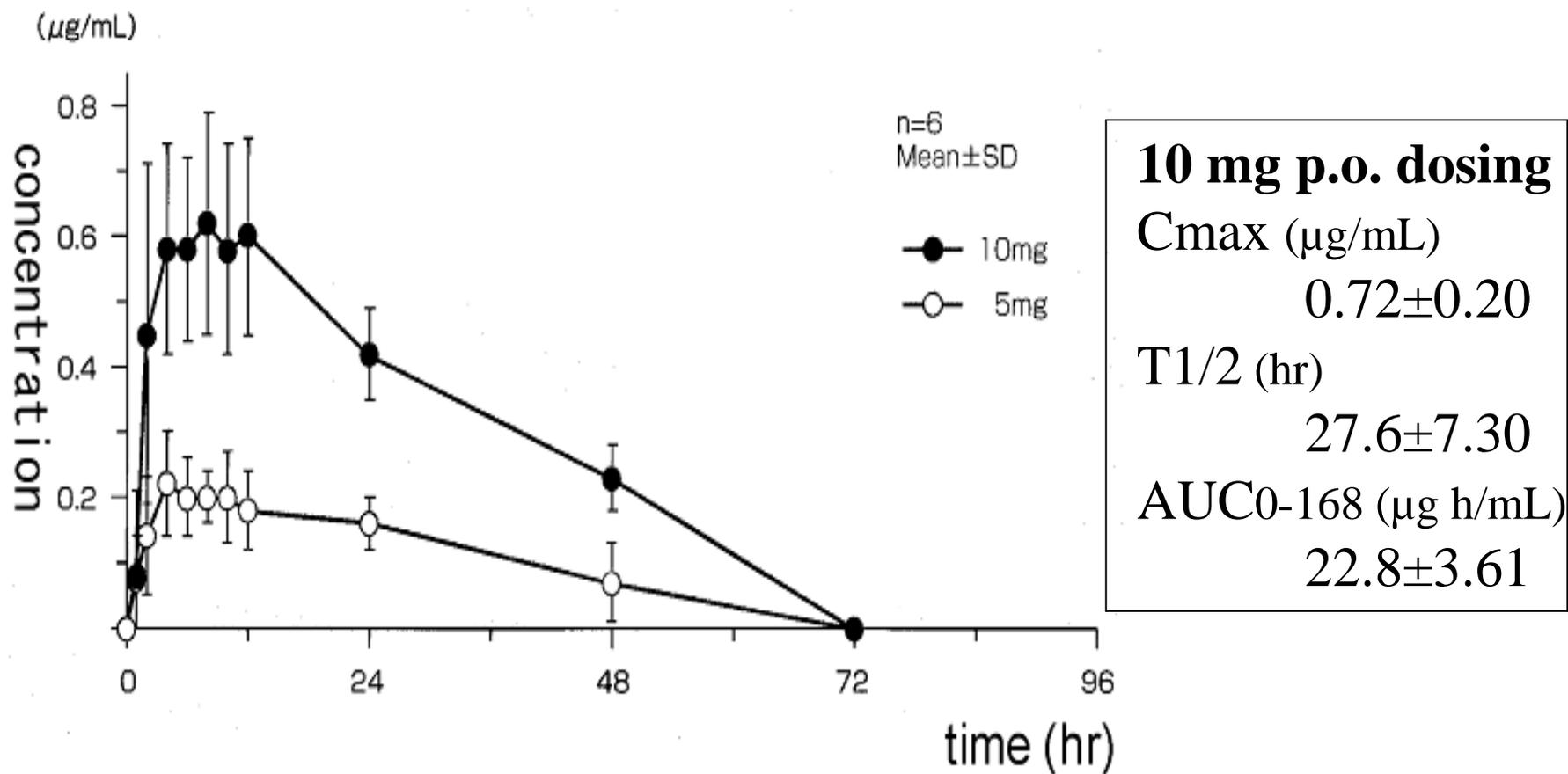
Ratio of colony size of colon carcinoma cells (Moser-S)

# Metabolic pathway of meloxicam



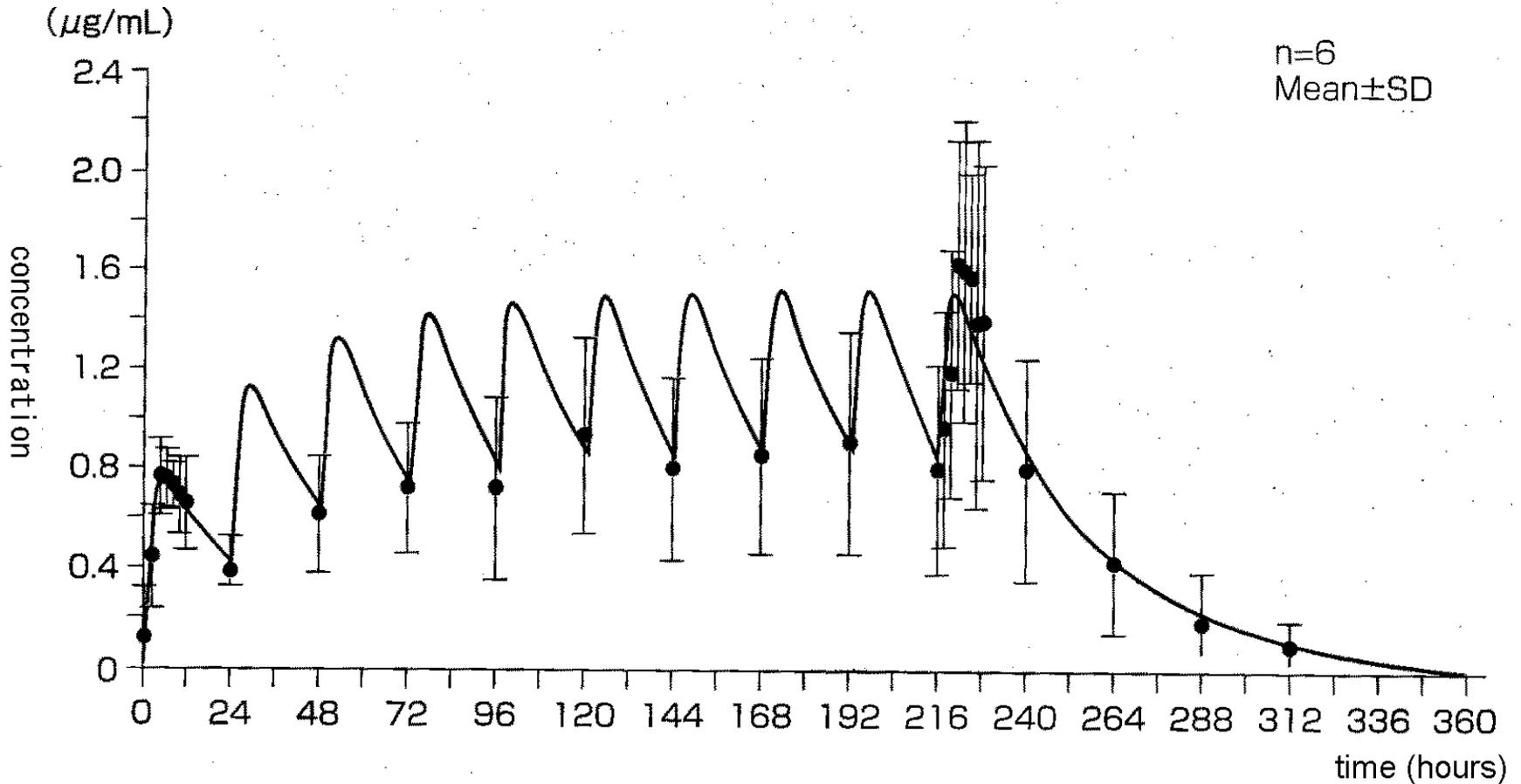
# Pharmacokinetics of meloxicam

## - Single dosing -



# Pharmacokinetics of meloxicam

- Multiple dosing -



# Side effects of meloxicam

|                 | <b>meloxicam 15mg<br/>(n=1590)</b> | <b>piroxicam 20mg<br/>(n=689)</b> |
|-----------------|------------------------------------|-----------------------------------|
| GI side effects | 1.7%                               | 4.9%*                             |
| Skin reaction   | 6.2%                               | 4.4%                              |
| AST, ALT ↑      | 7.4%                               | 6.3%                              |
| BUN, Cr ↑       | 0.4%                               | 0.9%                              |

# **A proposed clinical study using Meloxicam (Mobic<sup>®</sup>)**

**Daiichi pharmaceutical company in Japan will give us a grant.  
Meloxicam will be freely given to the patients entered in this  
clinical trial**

# Clinical trials combining celecoxib and radiation therapy

| Phase | Diagnosis                     | Treatment              | Group |
|-------|-------------------------------|------------------------|-------|
| II    | NSCLC I/II                    | Celecoxib+RT           | RTOG  |
| I/II  | NSCLC IIB-IIIIB               | Celecoxib+RT           | RTOG  |
| II    | NSCLC III                     | Celecoxib+CBDCA/TXL/RT | VCC   |
| II    | NSCLC inope I/II              | Celecoxib+RT           | VCC   |
| II    | NSCLC recurrent               | Celecoxib+taxane/RT    | VCC   |
| I     | NSCLC inope                   | Celecoxib dose ↑ + RT  | MDACC |
| I/II  | Esophageal ca.                | Celecoxib+CDDP/FU/RT   | MDACC |
| II    | Esophageal ca.                | Celecoxib+CDDP/FU/RT   | HOG   |
| II    | Cervical ca. locally advanced | Celecoxib+CDDP/FU/RT   | RTOG  |

# Possible clinical trials combining meloxicam and radiation therapy

| <b>Phase</b> | <b>Diagnosis</b>              | <b>Treatment</b>                     |
|--------------|-------------------------------|--------------------------------------|
| I            | Cervix & head and neck ca.    | Meloxicam dose <sup>↑</sup> +CDDP/RT |
| II           | Cervical ca. locally advanced | Meloxicam+CDDP/RT                    |
| II           | Head and neck ca. locally ad. | Meloxicam+CDDP/RT                    |
| R. II        | Cervical ca. locally advanced | Meloxicam+CDDP/RT                    |
| R. II        | Head and neck ca. locally ad. | Meloxicam+CDDP/RT                    |
| R. III       | Cervical ca. locally advanced | Meloxicam+CDDP/RT                    |
| R. III       | Head and neck ca. locally ad. | Meloxicam+CDDP/RT                    |

R.:randomized

# **A phase I study using Meloxicam (Mobic<sup>®</sup>)**

- Locally advanced cervical cancer or head and neck cancer (n=6 x each dose)
- Meloxicam 15, 20, 25, 30mg/day+CDDP/RT
  - According to phase I study of CDDP/RT for cervical or head & neck cancers, the doses of CDDP and RT will be decided.
- Primary end point: Side effect
- Secondary end point: Response, (Survival time), (QOL)

# **A phase II study using Meloxicam (Mobic<sup>®</sup>)**

- Locally advanced cervical cancer (n=30-100), or  
Locally advanced head and neck cancer (n=30-100)
- Meloxicam 15mg/day+CDDP/RT
  - According to phase I study of CDDP/RT for cervical or head & neck cancers, the doses of CDDP and RT will be decided.
- Primary end point: Response
- Secondary end point: Survival time, Side effects,  
(QOL)

# **A randomized phase II study using Meloxicam (Mobic®)**

- Locally advanced cervical cancer (n=30-40 x 2), or  
Locally advanced head and neck cancer (n=30-40x2)
- Meloxicam 15mg/day+CDDP/RT
  - According to phase I study of CDDP/RT for cervical or head & neck cancers, the doses of CDDP and RT will be decided.
- Primary end point: Response, Side effects
- Secondary end point: Survival time, QOL
  - QOL investigation will be easily done by Care Notebook.

# **A randomized phase III study using Meloxicam (Mobic<sup>®</sup>)**

- Locally advanced cervical cancer (n=100x2), and/or  
Locally advanced head and neck cancer (n=100x2)
- Meloxicam 15mg/day+CDDP/RT
  - According to phase I study of CDDP/RT for cervical or head & neck cancers, the doses of CDDP and RT will be decided.
- Primary end point: Survival time
- Secondary end point: Response, QOL, Side effects
  - QOL investigation will be easily done by Care Notebook.

# Which trial do you recommend? ①

- **Meloxicam, a COX-2 inhibitor, is considered to have both antitumor effects for head/neck cancer and cervical cancer and protective effects for the oral mucosa and the rectal mucosa, respectively, indicating that the aim of clinical studies must focus on both response/survival and side effects/QOL.**
- **Safety for meloxicam at a dose of 15mg/day has been already established. Meloxicam at a dose of 15mg/day reduces inflammatory pain such as RA, indicating that this dose inhibits COX-2. These indicate no need of phase I study.**
- **Single arm phase II study cannot prove the benefit of COX-2 inhibitor at all. This study needs the control arm.**
- **Randomized phase III study is the best, but this needs a lot of patients.**

# Which trial do you recommend? ②

| <b>Phase</b> | <b>Diagnosis</b>              | <b>Treatment</b>                     |
|--------------|-------------------------------|--------------------------------------|
| I            | Cervix & head and neck ca.    | Meloxicam dose <sup>↑</sup> +CDDP/RT |
| II           | Cervical ca. locally advanced | Meloxicam+CDDP/RT                    |
| II           | Head and neck ca. locally ad. | Meloxicam+CDDP/RT                    |
| ✓ R. II      | Cervical ca. locally advanced | Meloxicam+CDDP/RT                    |
| ✓ R. II      | Head and neck ca. locally ad. | Meloxicam+CDDP/RT                    |
| R. III       | Cervical ca. locally advanced | Meloxicam+CDDP/RT                    |
| R. III       | Head and neck ca. locally ad. | Meloxicam+CDDP/RT                    |

R.:randomized

# **A randomized phase II study using Meloxicam (Mobic<sup>®</sup>)**

- This study will be an optional study in our group.
- The protocol using patients with cervical cancer will be proposed.

**A randomized phase II study using  
Meloxicam (Mobic<sup>®</sup>) – draft -**

# A randomized phase II study - Aim

Determine the efficacy of meloxicam on concurrent chemoradiotherapy using cisplatin in patients with locally advanced cervical cancer

Primary endpoint: Response

Side effects

Secondary endpoint: Survival time

QOL

# A randomized phase II study -Entry criteria

1. Squamous cell carcinoma of the uterine cervix
2. Stage IIB (  $\leq 4$  cm in diameter) and IIIB disease (FIGO 1994)
3. Age; 20-70 years
4. PS; WHO 0-2
5. No prior chemotherapy, radiotherapy, and surgery to the pelvis
6. Life expectancy; longer than 6 months
7. **Measurable disease**
8. Adequate bone marrow, hepatic, and renal functions;
  - WBC  $\geq 3000/\text{mm}^3$
  - Hb  $\geq 10\text{g/dl}$
  - Platelet  $\geq 100,000/\text{mm}^3$
  - Total bilirubin  $\leq 1.5\text{mg/dl}$
  - AST/ALT  $\leq 2$  times upper limit of normal
  - Serum creatinine  $\leq 1.5\text{mg/dl}$
9. Written informed consent

# A randomized phase II study -Exclusion criteria

1. Severe concomitant illness
2. History of other malignancies within the past 5 years except basal cell carcinoma or squamous cell carcinoma in-situ of the skin
3. Tumor with infiltration of lower 1/3 of the vagina
4. Patients who are pregnant or lactating
5. Patients planned for surgery following radiotherapy

# **A randomized phase II study -Entry & randomize**

**Ensure to meet the entry criteria, informed consent**



**Entry**



**randomize ( block randomization : institution )**



**Arm 1:  
ChemoRT with meloxicam**



**Arm 2:  
without it**

# A randomized phase II study –Treatment ①

**Arm 1:**  
**ChemoRT with meloxicam**

meloxicam p.o.  
For **8 weeks** (from **day -1** to day 56),  
15 mg/bogy/day p.o. 1 x m



**< weekly CDDP and concurrent irradiation >**

---

**Arm 2:**  
**without it**

none  
(**Prophylactic use of NSAID is prohibited.**)



**CDDP 40mg/m<sup>2</sup>/weekly x 5 with hydration of 2000mL.**  
**Concurrent RT**



# A randomized phase II study –Treatment ④

- **External beam radiotherapy**

Fractionation schedule: 1.8 - 2.0 Gy/fraction, 5 fractions/week

Total dose: approximately 50 Gy

Whole pelvis 30-40Gy, Central shielding 20-10 Gy

10-15Gy of boost irradiation to the bulky parametrial disease or gross lymph node metastases is allowed.

- **Intracavitary brachytherapy**

HDR treatment: 24-28 Gy / 4 fractions (6-7 Gy/fraction)

LDR treatment: 30-40 Gy/ 1-2 fractions

- **Chemotherapy**

– Cisplatin 40 mg/m<sup>2</sup> d.i.v. weekly, week 1-week 5

- **COX-2 inhibitor**

– **With meloxicam: For 8 weeks (from day -1 to day 56), 15 mg/day p.o. 1x m**

– **Without meloxicam: Prophylactic use of NSAID or COX-2 inhibitor is prohibited**

# A randomized phase II study –Treatment ③

**In case of**

**S-Cr $\geq$ 2.0 mg/dl**

**⇒ Withhold CDDP**

**WBC $<$ 3,000 /mm<sup>3</sup>**

**⇒ Withhold CDDP**

**Pl  $<$ 75,000 /mm<sup>3</sup>**

**⇒ Withhold CDDP**

**Gastric ulcer**

**⇒ Withhold meloxicam**

**Grade  $\geq$ 3 nonhematological toxicities**

**⇒ Withhold CDDP+RT**

**Grade 4 hematological toxicities**

**⇒ Withhold CDDP+RT**

**PSR 3 or 4**

**⇒ Withhold CDDP+RT**

# **A randomized phase II study -Evaluation**

- Plain pelvic MR or enhanced CT scan before the treatment, and after completion of RT
  - Response
- Evaluation of acute toxicities by NCI CTC up to 90 days from the beginning of the treatment and late toxicities
  - Side effects
- QOL evaluation before the treatment, at the end of RT, 1 year and 2 years after the treatment
  - QOL
- Follow up at least for 2 years
  - Survival

# **A randomized phase II study -Evaluation**

## **Plain pelvic MR or enhanced CT scan**

- **Before the treatment and at the end of the treatment**
- **The same test (CT/MR) before and after the treatment should be performed.**
- **For two times of testing, about 400 US dollars per person will be given to the institution joined the study except for Japanese institutions from the grant.**
  
- **Please discuss about this matter.**
  - **We consider that only single type (MR) of scan should be employed --- .**

# **A randomized phase II study -Evaluation**

## **QOL evaluation**

- before the treatment, at the end of RT, 1 year and 2 years after the treatment
- Using a validated QOL questionnaire, Care Notebook
- Paying some money to the patient when answering Care Notebook, to avoid low return rate of the questionnaire

# A randomized phase II study -Cost

- Meloxicam 15mg x 56 days
  - About 100 US dollars (but no cost in control)
- Two times of plain pelvic MR for response
  - About 400 US dollars
- Evaluation of acute and late side effects
  - No cost
- Four times of QOL evaluation
  - 5 US dollars x 4 times = 20 US dollars
- Follow up at least for 2 years
  - No cost



- ✧ **500 US dollars per person will be given to the institution joined the study except for Japanese institutions from the grant.**
- ✧ **Minimum number of patients is 4 in one institution joined the study.**